



London Food Coalition

Rescue, Recover, Redistribute  
[www.LondonFoodCoalition.com](http://www.LondonFoodCoalition.com)



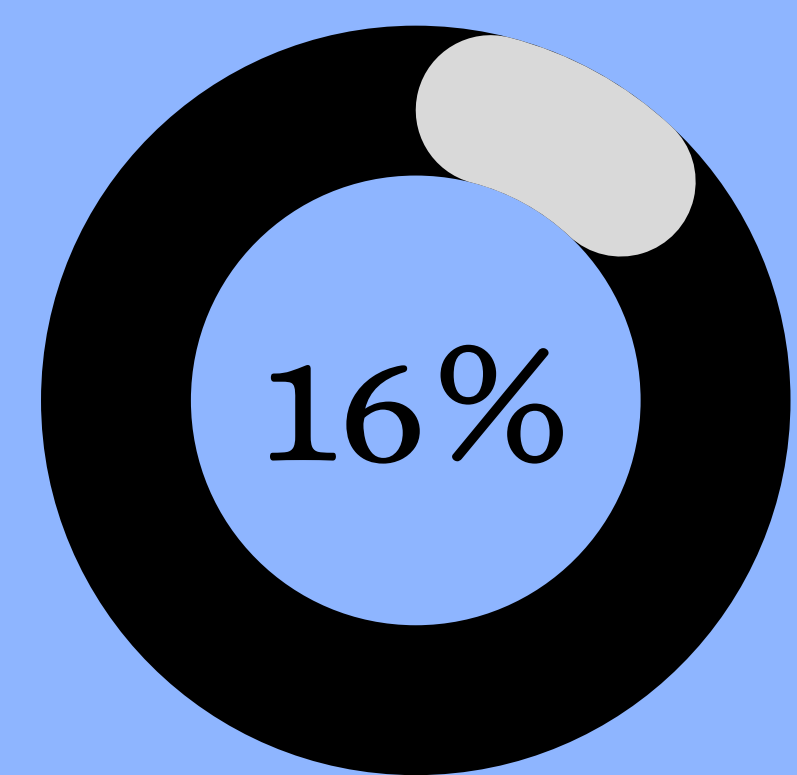
Insecure or inadequate access to food due to financial constraints. Food insecurity can have serious impacts on one's social, mental and physical health.

## What is Food Insecurity?



**In 2020**, approx. 1 in 5 households in Middlesex-London were food insecure

Food insecurity has been **rising**, especially with the recent cost of inflation.



Amount of Canadian Households classified as food insecure in 2021

## What is the London Food Coalition?

London Food Coalition (LFC) aims to strengthen food security in London by redistributing food from grocery stores, farmers and restaurants to the London community.

